



Sri Mathrudevi Vishwashanthi Ashram Trust
Penusila Kshetram, Nellore District, Andhra Pradesh, INDIA – 524 414

Sri Lanka Temple Tour January 3 – January 8, 2026

1. Purpose & Tour Overview

1.1 What is the Purpose of the Temple Tour?

- Sanctifying prominent Sri Lankan temples.
- Inspiring spiritual elevation among participants.
- Propagating Amma's message of universal compassion.
- Offering exclusive pujas, satsangs, and Amma's personal blessings.

1.2 When is the Tour Scheduled?

- January 3–8, 2026.
- Final details and itinerary to be announced on Amma's official site and social media.

1.3 Which Cities & Temples Are Included?

- Major sites in Colombo, Kandy, Anuradhapura,.
- Full temple schedule released upon finalization at the starting point

1.4 Who Can Participate & How to Register?

- Open to all spiritual aspirants.
- Registration forms, instructions, and required documents shared online.
- Early registration recommended due to limited slots.

2. Participation & Eligibility

2.1. Who is eligible to join the temple tour with Amma?

Any sincere devotee of Amma who is physically and mentally prepared, and willing to follow the spiritual code of conduct, may apply.

2.2. Can I bring my family with me on the tour?

Yes, if each family member can maintain the discipline and sacred atmosphere throughout the journey. Every individual must register separately.

2.3. Can children participate in the tour?

Yes, children aged 5 and above can register by paying half of the standard tour price. They must be respectful, quiet, and under continuous adult supervision. Children under 5 years may travel free of charge but must also remain calm and always accompanied.

2.4. Are non-devotees or friends allowed to accompany me?

Yes, if they are respectful toward Amma and the spiritual intent of the tour. This is not a sightseeing trip, and all participants are expected to follow group discipline and spiritual decorum.

2.5. Can elderly devotees join the tour?

Yes, provided they are physically mobile, in good health, and can manage the temple tour schedule. Those needing assistance must make arrangements to be accompanied by a caregiver.

2.6. Can I attend only part of the tour?

Partial attendance is strongly discouraged. There will be no partial refunds for early departures, missed days, or non-participation during any part of the tour.

3. Registration, Tour Fees & Travel Documents and Responsibility

3.1. Is any part of the payment refundable?

No. All payments are non-refundable. No reimbursements will be made for cancellations, no-shows, or early departures under any circumstances.

3.2. What does the tour price include?

The package price includes:

- Group transportation within Sri Lanka
- Accommodations during the tour
- Daily vegetarian group meals
- Scheduled temple visits and group spiritual programs

The price does not include:

- International airfare or domestic flights
- Visa fees or travel insurance
- Personal purchases or extended stays before/after the tour
- Travel to the starting point in Sri Lanka

3.3. Who is responsible for travel to Sri Lanka?

Each devotee must independently arrange:

- Flights to and from Sri Lanka
- Visa processing and required travel documents
- Transportation to the meeting point on the first day of the tour
- Please ensure all travel documents are in order well in advance.

3.4. Visa Requirements (Sri Lanka)

- Yes—most travelers need an Electronic Travel Authorization (ETA).
- Apply via official Sri Lanka government portal before departure.

3.5. Registration Fee & Process

- A registration/event fee apply for all participants and registrants
- All fee details communicated transparently during registration.

3.6 Payment & Invoice Requirements

- 50% advance at registration, and before arrival.
- Invoices include participant name/address, and payment method.

3.7. Can deposits for two participants be paid together on the same link, or should they be made separately?

- Each participant is required to make their own individual deposit payment through the assigned link. Deposits cannot be combined into a single payment.

3.8. If two participants are sharing accommodation, is the full program fee still required from each person?

- Yes. The cost of the temple tour is calculated on an individual basis. Even if accommodation is shared, each participant is responsible for their own full payment.

3.9. Can the remaining balance for the temple tour be paid in Indian Rupees?

- Yes. A payment link will be provided to make the transfer in Indian currency from an Indian bank account to another Indian bank account. Please note that no in-person or in-ashram payments are accepted any longer. All transactions must be completed only through the official payment link.

3.10. If a participant is traveling internationally and unable to make the deposit immediately, can the payment be completed after returning?

- If participants can meet the deposit deadline after returning, that is acceptable. However, if they anticipate missing the deadline, it is ideal to make the full payment in advance—provided they are 100% certain of attending the temple tour. This ensures their spot is fully secured without any risk of cancellation.

3.11. Tour Approval Letter

- The letter will be finalized and distributed following the completion of all temple confirmations, group registrations, and receipt of approval for participation.

3.12. Notifications & Updates

- Tour updates via Amma's email newsletters.
- Subscribe to our newsletter and monitor regularly for itinerary changes and **announcements**.

4. Travel, Accommodation & Meals

4.1 Travel to Sri Lanka

- Participants arrange their flights at their own expense.
- Local transport and hotel coordination handled by the SMVA Trust and local officials

4.2 Hotel Information & Rooming

- Full list of hotels (Sri Lanka), with addresses, contact details, and check-in/out times.
- Single occupancy: ₹2,500–₹5,000/night. Double occupancy: ₹3,000–₹6,500/night.
- AC, attached bathrooms, Wi-Fi, hot water, bottled water included.
- Priority rooming for elders and families.

4.3 Meals at Hotels

- Breakfast and dinner are generally included.
- If dinner is not available onsite, clean outdoor or restaurant catering arranged.

4.4 Lunch Arrangements

- Lunch provided near temple venues or en route at clean, verified locations.
- Meals include rice, vegetables, dal, chapatis, curd, and fruit—strictly vegetarian and onion-free if requested.
- Lunch venues selected with restroom access.
- We will make every effort to label meals based on dietary needs. Please notify the team in advance.
- Nutritious South Indian vegetarian meals will be served. No onions or garlic, where possible.

4.5. Meal Timings and Food

- **What are the daily meal timings?**

- Breakfast: 7:00–8:00 AM
- Lunch: 12:30–1:30 PM
- Dinner: 6:30–7:30 PM
- tea, coffee, fruits, and light snacks will be served during rest stops and as needed.

4.6. Comfort & Hygiene Standards

- All arrangements meet devotees' satisfaction and ease—clean food, safe lodging, and thoughtful logistics.

4.7. Restroom and Breaks

- Approximately every 2–3 hours, with clean and safe facilities.
- Breaks will be limited to 20–30 minutes to stay on schedule.
- Yes, tea, coffee, and fruits/snacks will be provided.

4.8 Sri Lanka Hotel Details

- **What hotels will we stay in Sri Lanka?**

- Detailed hotel list with addresses and contacts will be shared closer to travel dates. All accommodations will be safe, comfortable, and near temple locations.

- **Are breakfast and dinner included?**

- Yes, most hotels include breakfast and dinner. Confirmed meal plans will be provided in the itinerary.

4.9. Hotel & Room Details

- Will rooms have AC and attached bathrooms?

- Yes, all rooms will have attached bathrooms, and most will include air conditioning.

4.10. What amenities are included?

- Wi-Fi (where available)
- Hot water
- Drinking water bottles
- Elevator (in multi-storey hotels)

4.11. What are the check-in and check-out times?

- Check-in: 2:00 PM
- Check-out: 12:00 PM
- Early check-in may be possible upon request.

4.12. Will someone be available for check-in help or emergencies?

Yes, a hotel point-of-contact will be listed per city.

4.13. Arrival in India

- **Where should we arrive in India after landing internationally?**
 - You may arrive either in Chennai or Bangalore, depending on your convenience and travel plans. Please confirm with the organizing team before booking.
- **Can we come to Chennai?**
 - Yes, Chennai is a valid entry point for the pilgrimage.
- **Can we come to Bangalore?**
 - Yes, Bangalore is also a valid entry point for the tour.
- **Will there be a travel agent or car rental facility available?**
 - Travel assistance, including car and driver, can be arranged on request. Please notify the tour coordinator ahead of time. This is a personal expense
- **What is the approximate cost for car and driver?**
 - Estimated costs range between ₹3,000–₹5,000 per day, depending on the car type, fuel, and distance.

4.14. Accommodation in India

- **Is there a staying facility in Chennai?**
 - Yes, accommodation can be arranged in Chennai. Options range from basic guest houses to 3-star hotels.
- **Is there a staying facility in Bangalore?**
 - Yes, hotel options are available in Bangalore with different comfort levels.

- **What is the cost of hotel rooms?**

- Room prices vary based on city and hotel quality:
- Single occupancy: ₹4,500 – ₹7,000 per night
- Double occupancy: ₹3,000 – ₹6,500 per night

- **Are single and double occupancy rooms available?**

- Yes, both room types are available based on your preference and early booking.

5. Transportation & Daily Logistics

5.1 Vehicle Details & Seating

- Two luxury 37-seater AC buses for the group in Sri Lanka.
- Amma's group travels in a separate dedicated vehicle for comfort and privacy.

5.2 Seating & Luggage

- Each bus seats 30–35 participants plus luggage.
- Seat assignments shared prior to departure.

5.3 Daily Timing & Travel

- Departure: 6:30–8:00 AM
- Return: Approx. 7:30–8:30 PM (may vary based on schedule)

5.4 Driving Durations & Rest Breaks

- Drives between temples range from 30 minutes to 5 hours.
- Restroom and refreshment break every 2–3 hours (approx. 20–30 mins).

5.5 Cost Coverage

- Tourism cost includes transport, fuel, tolls, driver fees, meals, hotel, tips, and admin.

6. Temple Protocol/Etiquette, Dress Code & Spiritual Participation

6.1 Dress Code for Temple Visits

- Shoulders and knees must be covered.
- Women: Saree or salwar kameez. Men: Dhoti or kurta-pajama.
- No sleeveless tops, shorts, or tight attire. Shoes removed before entry.
- Please avoid jeans, sleeveless tops, or tight clothing. White or light-colored attire is preferred.

6.2 What should I wear during the tour?

- Men are requested to wear traditional Indian attire such as dhoti and kurta.
- Women should wear sarees or salwar kameez with modest coverage.
- Please avoid Western wear, tight-fitting clothing, shorts, or dresses that do not respect the sacredness of the pilgrimage.

6.3. Can I travel during my monthly moon cycle?

- In accordance with temple tradition, women should not participate during their monthly moon cycle.
- Temple entry policies must be respected according to local customs. Kindly check in advance regarding temple-specific guidelines.

6.4 Inclusivity of Participation

- Open to all nationalities and faith backgrounds. Sincerity and respect are welcomed.

6.5. Families, Children & Seniors

- Yes, the tour accommodates all age groups.
- Special seating, rest, and comfortable schedules for elders and children.

6.6. Photography Restrictions

- Many temples prohibit photography or videography. Participants must follow all local temple rules.

6.7 Private Time with Amma

- Individual private audiences are strictly not allowed
- Group blessings, pujas, and satsangs are part of scheduled events.

6.8, Scheduled Rituals & Spiritual Events

- Includes abhishekams, pujas, homas (fire rituals), satsangs, meditation, darshan, etc.

6.9. Offerings & Sponsorship Opportunities

- Devotees invited to sponsor temple rituals.
- Details provided through official channels in advance.

6.10. Spiritual Preparation

- Recommended: prayer, meditation, sattvic diet, and study of Amma's teachings before the journey. Please keep in mind that this is a spiritual pilgrimage; accommodation will be clean, safe, and simple, but not luxury class. Priority is given to proximity to temples and group convenience.

7. Meals, Allergies & Snacks

7.1 Meal Types

- Breakfast: Idli, dosa, upma, tea, fruit
- Lunch: Vegetarian South Indian fare
- Dinner: Light satvic meals

7.2 Serving Formats

- Most meals are buffet-style.
- Plated meals provided for Amma's group and seniors as needed.

7.3 Dietary Restrictions & Labeling

- Notify in advance for gluten-free, nut-free, or vegan options.
- Meals will be labelled where possible to accommodate dietary needs.

7.4 Snacks & Refreshments

- Tea, coffee, water, fruits, and light snacks served during rest stops and at hotels.

8. Health, Emergencies & Special Support

8.1 Health & COVID-19 Protocols

- Adhere to latest travel advisories and recommendations from Sri Lankan authorities.
- Full vaccination encouraged.
- Practice mask-use and hand hygiene in crowded spaces.

8.2 Emergency Contacts & Medical Help

- Local coordinator contacts, hotel manager numbers, and nearby clinic details provided in your packet.
- Volunteers available to assist in case of medical needs or emergencies.

9. Arrival & Departure Logistics

9.1. Is airport shuttle available from Colombo Airport to the hotel?

- yes, airport shuttle service will be arranged for participants arriving at Colombo Airport.
- However, this shuttle is not included in the tour package and will be considered a personal expense.
- Exact costs and coordination details will be shared closer to the tour dates.

9.2. Is hotel accommodation available on January 2nd?

- Yes, accommodations will be available starting from the night of January 2, 2026.
- This is included in the tour package for registered participants.
- Check-in time at the hotel on January 2nd is typically 2:00 PM onwards (subject to hotel policy).

9.3. Are group arrangements available on January 2nd?

- Yes, all devotees who have registered for the tour will receive proper logistical support starting January 2nd. These arrangements are included in the package price.

9.4. Can participants arrive in Sri Lanka on the morning of January 2nd?

- Yes, devotees may plan to arrive on the morning of January 2nd, and this is covered by the tour package from that day forward.
- Transportation from the airport, however, remains a personal expense and must be coordinated in advance.

9.5. What happens on the last day of the tour (January 8, 2026)? What is the exit strategy?

The tour concludes on January 8th, 2026. Devotees are advised to plan their return flights for the evening of January 8th or the following day.

- Airport shuttles will be available, but these will be at personal expense and must be arranged in advance.
- The tour organizers will help coordinate transportation for devotees to Colombo Airport (CMB).
- Devotees should ensure their departure aligns with the end of the official tour program.

9.6. Which airport should participants use?

- All international flights should be booked to/from Bandaranaike International Airport (CMB) in Colombo, Sri Lanka.

10. Communication & Support

10.1. Who is the local contact or tour coordinator?

- A designated on-ground coordinator or guide will accompany Amma's group throughout the temple tour in Sri Lanka. This person will support logistics, communication, and daily schedules.
- Contact details of the coordinator will be shared closer to the tour dates.

10.2. Are pictures of the hotel and rooms available?

- Yes, details of the accommodation will be shared with all registered participants.

10.3. Whom should I contact if I have questions or need help?

For questions related to:

- Registration and logistics:
 - Please email: ✉ events@karunamayi.in
- Sri Lanka Tour travel logistics:
 - More specific regional contacts will be provided after registration.
- Urgent matters or immediate support during the tour:
 - A WhatsApp group and emergency number will be shared for registered participants.

11. Optional Post-Tour Spiritual Stay with Amma

11.1. What are the requirements for extending the stay with Amma at the Ashram?

- Devotees must email the Ashram in advance at: ✉ admin@karunamayi.in
- In your email, please include:
 - Your full name
 - Your planned dates of arrival and departure
 - Duration of stay
 - Any special needs or considerations
- Payment for stay at the Ashram must be made ahead of time, and confirmation will be given only upon receipt.

Note: The Penusila Ashram has limited accommodations and functions on a first-confirmed basis. All guests are expected to follow the Ashram's schedule and discipline.

12. Sri Lanka Pilgrimage & Ashram Participation

1. When is Amma leaving from Sri Lanka?

- The ashram will not disclose Amma's arrival or departure dates, nor the city from which Amma is flying in or out. Devotees are requested not to connect or link their travel with Amma's. Please respect Amma's privacy and maintain the sanctity of Her mission.

2. Will the ashram purchase tickets for devotees traveling from Chennai to Sri Lanka and back?

- No, the ashram will not be purchasing airline tickets for participants. Each devotee is responsible for booking their own round-trip flights from Chennai (or their city of residence) to Sri Lanka and back.

The ashram will only provide:

- Arrival coordination at Colombo Airport for transfers.
- Return coordination from the hotel back to the airport after the program.

This ensures smooth transportation within Sri Lanka but does not include international or domestic flight bookings.

3. Can devotees leave their belongings at the ashram during the trip to Sri Lanka?

- Yes, devotees attending the 40-day meditation or extended programs are welcome to leave their personal belongings safely at the ashram while they travel to Sri Lanka.
- Please pack items neatly in a labeled suitcase or duffel bag.
- Only leave essential items; avoid valuables or fragile goods.
- The ashram will store the luggage securely until your return.

5. What if I want to come to the ashram for seva before or after the Sri Lanka trip?

If anyone chooses to come to the ashram for seva, one must strictly follow all ashram protocols without exception. Seva is considered a sacred offering, not casual volunteering. Every devotee is expected to:

- Follow instructions from the ashram coordinators promptly.
- Maintain silence, discipline, and devotional attitude.
- Avoid making personal requests or demands.
- Remember that seva is for Amma's mission, not for convenience or personal recognition.

13. Final Reminders & Spiritual Readiness

- Ensure your passport and visa are valid and travel documents are ready.
- Make sure your flights are booked to and from Colombo (CMB).
- All personal expenses (such as extra hotel nights, airport shuttles, tips, snacks, laundry, or extended stays) are not included in the tour fee.
- You may wish to carry:
 - A light shawl or jacket (temple climates vary)
 - White clothing for group darshans
 - Necessary medications and travel essentials

Objective:

- Sanctification of temples, spiritual upliftment, and embracing Amma's message.
- Dates: January 3–8, 2026—watch official channels for confirmations.
- Suggest Preparation: Bring modest attire, documents, offerings, and devotional mindset to benefit fully from the pilgrimage.
- Support: Lodging, meals, transport, and team assistance are covered.
- Cultural Respect: Maintain decorum and follow all temple guidelines.
- If you require further clarification, please reach out to:  [**events@karunamayi.in**](mailto:events@karunamayi.in)

We look forward to having your presence in this sacred journey with Amma Sri Karunamayi.